

**Kahkewistahaw Health Department**

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| **Community Health Represetative**I am Morgan Watson, The Community Health Representative for our Kahkewistahaw health department. I am responsible for the promotion, coordination and public education on Behalf of the Kahkewistahaw health Team. I have planned a Sliding day Jan 29 and a Community lunch and learn, open to all community members January 31. Please feel free to contact me. I look forward to bringing more educational events to the Kahkewistahaw First NationMorgan Watson 306-696-2660 or 639-571-3463 | **THE STRENGTH OF OUR CHILDREN IN kAHKKEWISTAHAW WILL CARRY US TO A HEALTHY &PROSPEROUS FUTURE****Early Years Coodinator** Maternal child health/Jordans Principle/COHI -ServicesProvides support for families in the community under 6 years oldCoordinates home visitsCoordinates workshops, proposals for pre/post-natalJordans principal applicationsCOHI services-promotes healthy teeth initiative for community Children and CKCSClarisa Taypotat 306-696-2660 or 639 205 7169 | Maternal Child HealthKahkewistahaw had 14 new little blessings arrive in 2022.I do make home visits and offer support for all pre/post-natal clients. Call me if needed and I will be happy to assist and support your needs. Up coming event for MCH is a baby shower for all 2022 babies to be held January 25/2023Jordans principle is an entity that supports families with their childrens health. Up to 11 families In Kahkewistahaw have utilized Jordans principle. Support is here for you, come visit and fill out an application or call for a home visit.Clarisa Taypotat |
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| Icon  Description automatically generated | NNADAP CoordinatorAA meetings Wednesday 5:00pm@ Chief Joseph Governance center. Rides provided if neededRise above trauma program starts January 30/2023. To apply call Rodney at the number postedDuties include personal assessments, AA support group and outpatient programming I focus on providing top quality service and safety for the community members of Kahkewistahaw with the services provided and as a Certified React Trauma Facilitator.Rodney Brass 306-696-2660 or 306-620-7696 |

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| Home and Community CareKahkewistahaw Home and Community Care Program Kahkewistahaw Home Care services are provided Monday to Friday, 8:30 am to 4:30 pm, offering Nursing and Care Aide services to people living in Kahkewistahaw. Services are based on client need, not on age. If you need assistance or you know of a friend or family member who needs Home Care support, please call the health Centre (306.696.2660) and ask for Home Care. Kahkewistahaw Home Care does not provide emergency response services. If you are experiencing a medical emergency at any time, please call 911. We welcome community input as we continue to develop and provide high quality Home Care services to Kahkewistahaw. Currently in our Home Care Program we have 45 clients.  Thank-you, Kahkewistahaw Home and Community Care Program Bonnie Mckay306-696-2660 or 306-793-4274 |  |
| Communicable Disease support person/CustodianI provide rapid testing kits, masks, and support to all community members and answer any questions they may have about covid-19; I contact members about upcoming flu clinics and assist the community nurse when she needs assistance, my custodial duties is to keep our health department clean and replenish supplies when needed.I can be reached at the health center 1-306-696-2660Denise Taypotat |  |
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| Medical Transporation ProgrAM We now Have 2 Medical Transportation drivers and are in full swing of operations. Our 2 medical drivers are Shayna Taypotat and Melanie Campbell, we offer transportation for, Doctor appointments, Physical Therapy, Dialysis, Specialist appointments and diagnostic tests. Transportation is for medical clients only.tClients must give 48-hour notice before appointments and clients must give 72-hour notice if appointments that must be approved through NIHB.To call and make an appointment Please call the health office 1-306-696-2660Delores AlexsonMedical Transportation Coordinator  |

**Community Wellness Leader**

Is responsible to provide coordination for community events for Kahkewistahaw members, working to enhance existing health programs within the community by promoting wellness in a person’s life including social, physical, emotional, occupational, intellectual, environmental and spiritual aspects. There are currently no events planned at this moment.

Benelda Isaac

306-696-2660 or 306-696-7406

**Health Services Manager**

Tansi, I have recently just started this new job position, I am excited for the opportunity and new challenges, I assist with implementing the Kahkewistahaw Health plan and obtaining / upkeeping of our accreditation. I ensure our community members have access to efficient and quality health services. My door is always open and welcoming our community members to stop in or give me a call.

Jason Bobb, Health Service Manager

1-306-696-2660

**Health Director**

Good Day, I greet you, in spirit of Wellness. There has been a lot of changes happening in the Health Department and thought it was a good idea to get a Newsletter done. I look forward to another year in the community to do Health Fairs, educational workshops on health information and community meetings.

First off, I want to announce that the Health Department has achieved another 3 years of Qmentum accreditation with Accreditation Canada. We want to always to be making quality improvements around health services. Our major success for our health services is Client-specific programming. We are getting better at wrapping our services around our families.

This achievement was done, primarily due to the addition of the Kahkewistahaw Home & Community Homecare program. We have increased clients and still growing. Please utilize the proper processes in place. We want to be able to meet the needs of the community.

Secondly, the old health center has become the “MIYOTOTAMOWIN” center. This building will promote wellness and healing in the community. The building will occupy the following programs:

1. YTC Prevention Services
2. YTC Jordan Principle Services
3. Mental Wellness Leader & Community Enhancement Worker Program
4. Maternal Child Health Services
5. Mental Health Services
6. Elder Advisory Services

We walk to be able to provide family healing circles, talking circles, group supports in a safe and confidential space. We plan to initiate some youth programming for youth 13 – 18 on Thursday evenings. Keep an eye out for posters.

Lastly, although Covid-19 is not over, we ask that you continue to practice safety protocols, We want to encourage home visiting which helps with our client specific programming. Our staff will continue to do risk assessments and utilize the proper protection when applicable. As the Health Department we still limit our crowd for participation, however, we want to continue to be creative when delivering our program and services. Please participate with any upcoming surveys or questionnaires, we usually provide an incentives. Your input is valuable.

Ekosi,

Josephine Kaysaywaysemat, Health Director